



February 10, 2026

To Whom it May Concern:

COVID infection typically causes self-limited symptoms that can be treated conservatively. It is our medical recommendation that a student/teacher may return to school once they are "fever-free" for 24 hours without taking any antipyretic medication, such as Motrin, Tylenol, etc. If you have any questions or concerns, please do not hesitate to reach out to one of our providers at your school's Access Health Center.

Sincerely,

A handwritten signature in black ink that appears to read "J. Holton, MD".

JoAnna Carole Holton, MD
Medical Director