

Wellness Policy Assessment Tool

This template provides information on wellness policy goals and practices within the SFA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school, or at a minimum, each school level. The wellness policy and completed assessment must be available to the public. Triennial assessment is required by USDA, annual assessments are encouraged in Louisiana.

SFA Name Avoyelles Public Charter School

Policy Reviewer Julie Roy

School Name Avoyelles Public Charter School

Date 8/18/25

Select all Grades PK K 1 2 3 4 5 6 7 8 9 10 11 12

Yes	No	N/A	I. Public Involvement
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We encourage the following to participate in the development, implementation and evaluation of our wellness policy:
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XAdministrators XSchool Food Service Staff XPE Teachers
XParents

XSchool Board Members XSchool Health Professionals XStudents XPublic

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Person in Charge of Compliance:
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Name/Title: Pam LaBorde/Food Mgr.

<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	The policy is made available to the public.
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Indicate how: APCS.US website

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Our policy goals are measured, and the results are communicated to the public.
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Please describe: APCS.us website

<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Our district completes biannual reviews of the wellness policy. If more frequently, please describe: Click or tap here to enter text.
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Yes	No	N/A	II. Nutrition Education
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Our district's written wellness policy includes measureable goals for nutritional education.
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We offer standards-based nutrition education in a variety of subjects (e.g. science, health, math, etc).
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We offer Nutrition education to students in:
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X Elementary School X Middle School X High School

Yes	No	N/A	III. Nutrition Promotion
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Our district's written wellness policy includes measurable goals for nutrition promotion.
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
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<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.
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|-------------------------------------|--------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line). |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We ensure students have access to hand-washing facilities prior to meals. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We annually evaluate how to market and promote our school meal program(s). |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We regularly share school meal nutrition, calorie, and sodium content information with students and families. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer taste testing or menu planning opportunities to our students. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We participate in Farm to School activities and/or have a school garden. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc). |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We price nutritious foods and beverages lower than less nutritious foods and beverages. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We offer fruits or non-fried vegetables in: |
| | | | <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input type="checkbox"/> à La Carte |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We provide teachers with samples of alternative reward options other than food or beverages. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We prohibit the use of food and beverages as a reward. |

Yes No N/A **IV. Nutrition Guidelines**

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|-------------------------------------|--------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We operate the School Breakfast Program: |
| | | | <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input type="checkbox"/> Grab & Go |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We follow all nutrition regulations for the National School Lunch Program (NSLP). |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We operate an Afterschool Snack Program. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We operate the Fresh Fruit and Vegetable Program. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We have a Certified Food Handler as our Food Service Manager. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | We have adopted and implemented <i>Smart Snacks</i> nutrition standards for ALL items sold during school hours, including: |
| | | | <input type="checkbox"/> as à La Carte Offerings <input type="checkbox"/> in School Stores <input type="checkbox"/> in Vending Machines <input type="checkbox"/> as Fundraisers |

Yes No N/A **V. Physical Activity**

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|-------------------------------------|--------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Our district's written wellness policy includes measurable goals for physical activity. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for elementary students on a weekly basis. |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | We provide physical education for middle school during a term or semester. |

- We provide physical education for middle school during a term or semester.
- We require physical education classes for graduation (high schools only).
- We provide recess for elementary students on a daily basis.
- We provide opportunities for physical activity integrated throughout the day.
- We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
- Teachers are allowed to offer physical activity as a reward for students.
- We offer before or after school physical activity:
 - Competitive Sports
 - Non-competitive Sports
 - Other Clubs

VI. Additional Info: Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals.

We offer healthy cooking classes to students grades K-8th and will be starting a school garden this fall.

VII. Contact Information:

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name Pam LaBorde

Position/Title Lunch Mgr.

Email pamlaborde@apcs.us

Phone 318-240-8285

This institution is an equal opportunity provider.